

# Application for partial reimbursement of provincial health care premiums for eligible retired Canada Post employees who are residents of British Columbia



## What is the British Columbia provincial health care premium?

Residents of British Columbia are required to pay monthly premiums for their provincial health care coverage, known as the BC Medical Services Plan. Premiums depend on whether you have coverage for one person, a family of two or a family of three or more. Canada Post will reimburse eligible

retired employees for 50 percent of the premiums they paid during the year, regardless of the level of coverage they have. Premiums paid for months in a given year will be partially reimbursed the following year.

## Who is eligible for reimbursement?

Employees who were hired **before November 1, 2009** are eligible for reimbursement of 50% of their annual BC premiums when they retire, as long as they meet the following criteria:

- You must be an employee hired by Canada Post before November 1, 2009;
- You must have 15 years of continuous service with CPC for CPAA, CUPW, APOC, PSAC, or MGT/XMT or have previously been grandfathered for post-retirement benefits with 10 years of service\* on the date of retirement OR be totally disabled and approved for a disability retirement;
- You must be eligible to retire (includes disability retirement);
- You must be eligible for this benefit the day before retirement;
- You must be in receipt of a monthly pension from the Defined Benefit component of the CPC Registered Pension Plan OR have been a member of the Canada Post Group Retirement Savings Plan (RSP) for **2 or more years** OR have

been a member of the Defined Contribution component of the CPC Registered Pension Plan for **2 or more years**;

- If you are a member of the Group RSP or Defined Contribution component of the CPC Registered Pension Plan, you must be within 10 years of the date on which unreduced benefits are payable to you under the Canada/Quebec Pension Plan;
- If you defer your pension, you can defer it only for up to 5 years after your date of retirement; you will not be eligible for reimbursement of your BC premiums if you defer longer than 5 years.

**Note:** Employees hired on or after November 1, 2009 are not eligible for reimbursement.

- \* The following employees are eligible for post-retirement benefits with only 10 years of service as long as they meet all other criteria:
- CUPW – employees who have 10 years of continuous service prior to January 1, 2008
  - MGT/XMT – employees who have 10 years of continuous service prior to January 1, 2008
  - PSAC – employees who have 10 years of continuous service prior to January 1, 2009
  - APOC and CPAA – employees who have 10 years of continuous service prior to January 1, 2010

### Survivor eligibility

Your dependents may also be eligible for this reimbursement if you die while covered under Canada Post's post-retirement benefits plan (i.e. dependent was previously covered under CPC member's BC Medical Services Plan). If you have family coverage with the province when you die and you have previously been reimbursed for family coverage, your survivors will be eligible to continue this coverage for as long as they meet the definition of spouse and/or dependent.

**Important information:** In order for the survivor to be partially reimbursed by Canada Post, the survivor will need to provide AccessHR with a letter of confirmation from the BC Medical Services Plan. This letter can be obtained by contacting the BC Medical Services Plan. **While you may be eligible for this reimbursement as a retired employee, you must apply for the reimbursement each year. The payment is not automatic.**

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## Deferring your pension

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If you are a member of the defined benefit component of the CPC Registered Pension Plan and you defer your pension, you will not be reimbursed for your BC provincial health care premiums while you are not receiving a pension. You may defer your pension for only 5 years from your date of retirement in order to be eligible for this reimbursement.

Once you start receiving your pension, you will be reimbursed only for the months that you were receiving your pension. For example, if you started your pension in August, you will be eligible for reimbursement of your BC provincial healthcare premiums for the period August to December.

## Proof of payment

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All applications must include one of the following as proof of payment:

1. Provincial billing (MSP invoice) or premium statement, stamped as paid; or
2. Provincial billing or premium statement with the cancelled cheque(s), or copy of the money order showing payment has been made; or
3. A bank statement or automatic teller machine (ATM) receipt showing payments made directly to the provincial plan, clearly identifying the plan, the date and the amount of the payment; or
4. In some instances the provincial health care plan may be willing to provide confirmation of the amount of premiums paid, the period of coverage and the number of people covered. This confirmation must be printed on the provincial plan letterhead.

## Deadline to apply

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You must apply for reimbursement of your BC provincial premiums between January 1 and June 30 of the year after the premiums were paid. For example, for premiums paid for months in 2009, the deadline to apply for reimbursement is June 30, 2010. **Applications must be received by Canada Post by June 30 to be eligible for reimbursement.**

**Note:** If you miss the June 30 deadline, you will not be given another opportunity to apply for a reimbursement for the previous year at a later date.

To request reimbursement, please contact:

AccessHR  
2701 RIVERSIDE DRIVE SUITE B125  
OTTAWA ON K1A 0B1  
1-877-807-9090  
accesshr@canadapost.ca

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**Note: This application must be received by AccessHR before June 30** for partial reimbursement of premiums paid for months in the previous year only. Applicants must have met the [eligibility requirements](#) noted on page 1 of this application form.

## Applicant information

Retired employee name:		Employee number:	
If applying as a survivor, provide the name of survivor:			

**Note:** As a survivor, you will need to provide AccessHR with a letter of confirmation from the BC Medical Services Plan.

## Current mailing address

Address		
City	Province	Postal code
Telephone _____, ext. _____	Other _____, ext. _____	
Are you a resident of British Columbia?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you met the <a href="#">eligibility requirements</a> noted on page 1?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Year requesting to be reimbursed (previous year only):		
How many months have you paid the premiums to the BC Medical Services Plan?		

## Applicant's statement

I acknowledge that I have personally paid the provincial health care premiums for which I am seeking partial reimbursement; no one else has made these payments on my behalf. I also acknowledge that I have not made a similar application as either an employee or as a recipient of pension benefits from any other source. I apply for this partial reimbursement with the understanding that it is a taxable benefit as determined by the Canada Revenue Agency (CRA) and is therefore considered as income. I acknowledge that I have read the [eligibility requirements](#) on page 1 of this application form and agree that I have met those requirements.

Applicant's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Send application and all pertinent documents to: AccessHR  
2701 RIVERSIDE DRIVE SUITE B125  
OTTAWA ON K1A 0B1

*For AccessHR use only: For survivors who apply, ensure that a letter confirming their coverage is provided along with the application form.*